

HOW TO IMPROVE BEING NEW



Safety Tip!

Here are some safety questions you should ask at the start of a new job, from the Young Worker Awareness program:

- ◆ What are the general safety rules for this job?
- ◆ What are the hazards in this job?
- ◆ What procedures do I have to follow to protect myself?
- ◆ Will I be using hazardous chemicals?
- ◆ When will I get health & safety training?
- ◆ When will I get WHMIS training?
- ◆ What safety gear do I have to wear?
- ◆ What training will I get on how to use it?
- ◆ What do I do in an emergency situation such as fire or a chemical spill?
- ◆ Where are the fire extinguishers, first aid kits, and other emergency equipment?
- ◆ If injured, what should I do? Who is the trained first aider in my work area?
- ◆ Who is my worker health and safety rep?

For more info, attend a YWAP workshop at 2nd Chance or see ywap.com



The only real voyage of discovery consists not in seeing new landscapes, but in having new eyes, in seeing the universe with the eyes of another, of hundreds of others, in seeing the hundreds of universes that each of them sees. -[Marcel Proust](#)

NEW KID ON THE BLOCK

By Rachel Tavares
Youth Resource Centre

I'm a *New Kid on the Block!* No, I have not recently joined the band, but now I do have your attention (even if you will never admit it). I am a *New Kid on the Block* because I recently became a member of the staff at the Youth Resource Centre. Like becoming a new member of a band or moving into a new neighbourhood, starting a new job can be a very stressful experience. The combination of unfamiliar surroundings and unfamiliar faces can actually be quite scary. However, my mother always taught me the 5 P's to success: Prior Planning Prevents Poor Performance. So before starting a new job, I always:

- Take some time off
- Plan the first week's worth of outfits
- Plan (and even practice) the route to get to work
- Research the new place of employment

By prior planning, you can eliminate a lot of the stress because you won't have to be rushing around last minute to take clothes to the dry cleaners or print out a Google map. You will also be more familiar with your new place of employment which will allow you to feel more comfortable and more confident. You'll know *You Got It (The Right Stuff)* and you'll be ready to start your new job with a smile. Once you actually start your job, here are a few things to remember:



- Eat breakfast (you'll work better on a full stomach)
- Brush your teeth (so you can smile)
- Introduce yourself (be friendly and polite)
- Be confident (but not cocky)
- Don't be afraid to ask questions (it's better to ask and do it right)
- Don't try to make changes or introduce your way of doing things right away
- Keep a positive attitude and an open mind

Overall, the key is to just hang in there, and I assure you, like any *New Kid*, I've been *Hangin' Tough!* So, follow these simple guidelines and in no time you'll be the one asking: "Who's the New Kid?"

Don't forget to check the back for workshops, job fairs and other events...

JUNE 2008 ~ 2nd CHANCE EVENTS

**Questions? Ask any 2nd Chance staff
or call our main office at 519-823-2440**

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	9	10	11	12
		YWAP/ Keys to Workplace Survival Workshops (Norfolk) 1-3	Movie Night @YRC 4:30-6:30pm	13
16	17	18	19	20
	Ace the Interview Workshop (Norfolk), 1:30-3:30	YWAP/ Keys to Workplace Survival Workshops (Norfolk) 1-3	Movie Night @YRC 4:30-6:30pm	
23	24	25	26	27
Ways2Work Program 2nd Group Starts		YWAP/ Keys to Workplace Survival Workshops (Norfolk) 1-3	Movie Night @YRC 4:30-6:30pm	
30	July 1			
	Canada Day 2nd Chance offices closed			

Workshop Descriptions:

YWAP:

Learn how to avoid accidents at work - and what to do if they happen!

Keys to Workplace Survival:

You can survive and succeed in your job! Learn how!

Ace the Interview:

Wow employers by presenting your skills like an expert!

Customer Service 101:

Crabby customers? No problem! Learn how to turn complaints around, and how to avoid them in the first place.

Please call 519-823-2440 for more info on these or other listed events

Where is 2nd Chance?

Downtown Guelph Monday to Friday
177 Norfolk St., 519-823-2440 8:30 am to 4:30 pm

Youth Resource Centre Monday 9:30 to 4:30
Stone Road Mall, 519-823-2818 Tuesday 9:30 to 6:30
Wed/Thurs 9:30 to 7:00
Friday 12:00 to 4:30

Fergus Monday to Friday
160 St. David St., 519-843-5513 8:30 am to 4:30 pm

NOTE: Workshops are also held at schools and other organizations in the community. For more information, check www.2ndchance.ca/jobs/events.shtml or give us a call!