

...first for results!

## Happy New Year!



**Cheers to a new  
year and another  
chance for us to get  
it right.**

*~ Oprah Winfrey*



### New Year's Resolutions     *By Deirdre Smyth, Norfolk Office*

Here are some great resolutions to get your career off on the right foot in 2008:

#### BRUSH UP ON YOUR SKILLS

It's important to set learning goals on a regular basis. Plan to attend some seminars or classes that you may find interesting and get at least one new idea to use at work.

#### NETWORK WITH FIVE PEOPLE A MONTH

Network and make as many connections as you can with people who may be able to help you attain your goals and expand your knowledge base.

#### HAVE A CAREER PLAN

Each week pick one thing you can do to advance your career. Make a phone call, write a thank you letter or do something else that will help you move towards your career goal.

#### STAND OUT IN YOUR COMPANY

Do something new this year to stand out or get noticed in a positive way, such as volunteering for a committee, speaking up at meetings, or contributing to the company newsletter.

Good luck and have a fantastic year!




### **TRADE TALKS, January 22nd, 4:30-6:30 at the Youth Resource Centre**

Don't miss this chance to talk with employers, apprentices, instructors and Ministry Representatives about trades in the Service Industry! Learn about hairdressing, cooking, ECE, horticulture, and more!

*Trade Talks is brought to you in partnership by Conestoga College, 2nd Chance, Lutherwood & WWTAB*

# JANUARY 2008 ~ 2<sup>nd</sup> CHANCE EVENTS

**Questions? Ask any 2nd Chance staff or call our main office at 519-823-2440**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 HAPPY NEW YEAR <i>2nd chance closed for the holiday</i>	2 <i>2nd Chance offices re-open</i>	3  Movie Night @YRC 4:30-6:30pm	4  
7  	8  Ace the Interview Workshop (Norfolk), 1:30-3:30	9  YWAP/ Keys to Workplace Survival Workshops (Norfolk) 1-3	10  Movie Night @YRC 4:30-6:30pm	11
	15	16 YWAP/ Keys to Workplace Survival Workshops (Norfolk) 1-3	17 Movie Night @YRC 4:30-6:30pm	18
21	22 Customer Service 101 Workshop (Norfolk) 1:30-3:30  <b>TRADE TALKS @the YRC, 4:30-6:30pm</b>	23 YWAP/ Keys to Workplace Survival Workshops (Norfolk) 1-3	24 Movie Night @YRC 4:30-6:30pm	25  
28	29	30 YWAP/ Keys to Workplace Survival Workshops (Norfolk) 1-3	31 Movie Night @YRC 4:30-6:30pm	

## Workshop Descriptions:

### **YWAP:**

Learn how to avoid accidents at work - and what to do if they happen!

### **Keys to Workplace Survival:**

You can survive and succeed in your job! Learn how!

### **Ace the Interview:**

Wow employers by presenting your skills like an expert!

### **Customer Service 101:**

Crabby customers? No problem! Learn how to turn complaints around, and how to avoid them in the first place.

**Please call 519-823-2440 for more info on these or other listed events**

## Where is 2nd Chance?

### **Downtown Guelph**

177 Norfolk St., 519-823-2440

Monday to Friday

8:30 am to 4:30 pm

### **Youth Resource Centre**

Stone Road Mall, 519-823-2818

Monday 9:30 to 4:30

Tuesday 9:30 to 6:30

Wed/Thurs 9:30 to 7:00

Friday 12:00 to 4:30

### **Fergus**

160 St. David St., 519-843-5513

Monday to Friday

8:30 am to 4:30 pm

**NOTE:** Workshops are also held at schools and other organizations in the community. For more information, check [www.2ndchance.ca/jobs/events.shtml](http://www.2ndchance.ca/jobs/events.shtml) or give us a call!